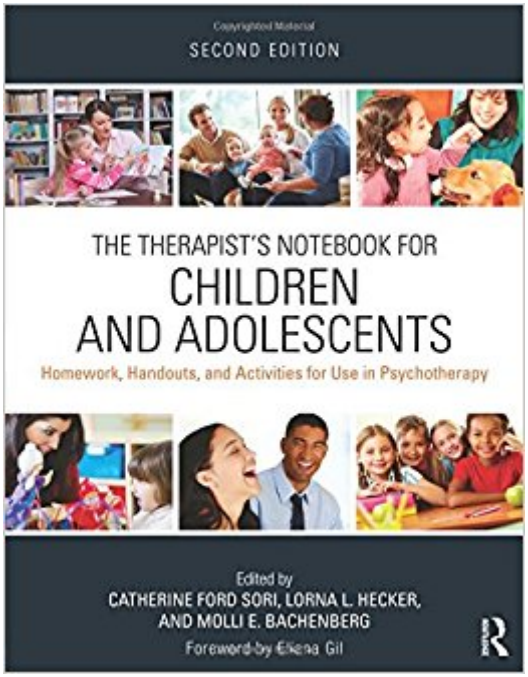
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The Therapist's Notebook For Children And Adolescents: Homework, Handouts, And Activities For Use In Psychotherapy



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Synopsis

In The Therapist’s Notebook for Children and Adolescents, 2nd ed, you’ll find the most powerful tools available for aiding children with their feelings, incorporating play techniques into therapy, encouraging appropriate parental involvement in family sessions, and providing group therapy to children. This ready reference is divided into ten thoughtfully planned sections to make it easy to find the right activity, handout, or intervention for the problem at hand, whether youÃ¢â ¬â„¢re looking for creative ideas, running a childrenÃ¢â ¬â„¢s group, putting interventions into practice in the classroom, or looking for ways to increase parental and familial involvement. Instructions for the activities are clearly explained and highlighted with case examples and many illustrations. Chapters are by leading experts, including Eliana Gil, RisÃƒÂ« VanFleet, Liana Lowenstein, Howard Rosenthal, and Volker Thomas, and explore strategies for treating children both individually and in a family context. With more than 60% new material, this expanded version delves into the latest research and thinking on family play therapy and addresses many pertinent issues of our time, including bullying, suicidal ideation, ADHD, autism, adolescents and sex, and cultural issues. ItÃ¢â ¬â„¢s a must-have arsenal for both novice and experienced professionals in family therapy, play therapy, psychology, psychiatry, counseling, education, nursing, and related fields.

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Customer Reviews

"Remarkable for its breadth and depth, The TherapistÃ¢â ¬â„¢s Notebook for Children and Adolescents, 2nd edition, is the indispensable reference for play and expressive child and family

therapies. Sori, Hecker, and Bachenberg offer a treasure trove of play strategies for virtually any child and adolescent issue. The second edition is mostly new and thoroughly updated. The strategies can be adapted to most theoretical orientations and all are practical and field tested. If I had to choose one book for my play therapy and family therapy libraries, this would be it!" Ã¢â ¬â ¢Douglas H. Sprenkle, PhD, professor emeritusÃ Â of marriage and family therapy, Purdue University "The TherapistÃ¢â ¬â„¢s Notebook for Children and Adolescents, 2nd edition, contains a potpourri of innovative techniques and strategies for conducting individual, family, and group psychotherapy. The notebook is transtheoretical in nature, so it will appeal to therapists from diverse orientations and disciplines who wish to broaden and strengthen their knowledge and skills. Highly recommended!" Ã¢â ¬â ¢Charles E. Schaefer, PhD, RPT-S, professor emeritus of psychology, Fairleigh Dickinson University, and cofounder and director emeritus of the Association for Play Therapy "In the updated edition of this classic book, Sori and colleagues once again have pulled together a treasure chest full of innovative and inspired ideas to treat children and families. This book will spark readersÃ¢â ¬â„¢ creativity and is an absolute must have for practitioners and for training programs in counseling, play therapy, and family therapy. Chapters illustrate playful ways to engage children and families in the therapeutic process, and they also address many serious issues facing todayÃ¢â ¬â„¢s youths and families. This book is resplendent with field-tested ideas written by some of the masters in the fields of family therapy and play therapy. A brilliant book to refer to whenever you need information and inspiration!" Ã¢â ¬â ¢Jon Carlson, PsyD, EdD, distinguished professor of Adlerian psychology, Adler University "The second edition of The TherapistÃ¢â ¬â„¢s Notebook for Children and Adolescents definitely exceeds the first. It is an exceptional guide for working with children. I strongly recommend it for those who work with children and adolescents and believe it should be required reading in all clinical training programs." Ã¢â ¬â ¢Joseph L. Wetchler, PhD, professor of marriage and family therapy at Purdue University Calumet and coeditor of An Introduction to Marriage and Family Therapy, 2nd edition "In this second edition of The Therapist's Notebook for Children and Adolescents there is a rich wealth of tools for enabling children and young people to explore and express their feeligns using play and creative mediums... One of the main strengths of this book is its accesibility. The very clear structure and layout make it straightforward to dip in to for ideas, guidances, strategies and techniques for a wide range of issues... As the chapters are written by authors from different theoretical orientations, the reader gains a flavour of the specific theory each is anchored in... I would therefore recommend the book to all play therapists as a valuable reference point and for inspiration. Even those who are more non-directive will find new insights and fresh stimulation for their creativity and practise." -Helen

Gedge, Liverpool, British Association of Play Therapy

Catherine Ford Sori, PhD, LMFT, is professor in the division of psychology and counseling at Governors State University, where she is also leader of the marriage and family track. She has won numerous faculty excellence awards, and is the mental health consultant for the Early Head Start Program at the Family Development Center. Dr. Sori is also associate faculty at the Chicago Center for Family Health, an affiliate of the University of Chicago. She is a clinical fellow and AAMFT-approved supervisor, and is a member of APT and ACA. Lorna L. Hecker, PhD, is faculty in the marriage and family therapy program in the department of behavioral sciences at Purdue UniversityÃ¢â ¬â œCalumet in Hammond, Indiana. She is a licensed marriage and family therapist, certified in healthcare privacy and security (CHPS) and a clinical fellow and AAMFT-approved supervisor. She is also the director of the Purdue University Calumet Couple and Family Therapy Center. Molli E. Bachenberg, MA, NCC, is assistant professor at Florida Gulf Coast University. Her areas of research and specialty include addressing sexual issues in training and counseling, and using playful techniques when working with adolescents and children, especially in sex-related topics.

I took that class that Dr. Sori teaches and uses her book. The book is awesome.

I used this book with a graduate practicum class in school counseling. Helpful for the students!

Play therapy is an underutilized modality for working with children and families; yet the use of play therapy can be extremely effective. This essential book presents new ideas for using play therapy in response to the most current issues. Therapists will find all they need to know to become proficient play therapists with this fascinating reference. I recommend every therapist who works with children and families purchase this latest and most updated textbook on play therapy!

Very insightful and informative

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